

TRAUMA AND STRESS

Bioregulation Therapy

A natural, holistic approach to healing, recovery and transformation



Bioregulation Therapy (BRT) is a unique communication- and energy-focused modality that uses advanced biofeedback and pulsed electromagnetic field (PEMF) technology to support biological communications at the cellular level – ultimately helping the body to better self-regulate, adapt and restore natural balance in the mind, body and spirit.

Cellular communication and electromagnetic signaling is critical to supporting the body's adaptation and self-regulation processes, which deal with both the physical and emotional effects of trauma, stress and disease.

How BRT can help with trauma and stress

Every organ in the body has its own bioelectromagnetic field, and every single cell in the body communicates via electromagnetic signals, or fields, at the overall rate of trillions of chemical reactions per second. In order to maintain balance and sustain good health – both emotionally and physically - all of the body's organs, tissues and subsystems require extremely precise communications to effectively process these instantaneous exchanges. When these critical communications exchanges are disrupted, the body's cells, tissues and organs are compromised and unhealthy symptoms follow

Severe trauma and built-up stress can greatly contribute to the breakdown of the body's inner communication processes and manifest in a number of dysfunctional and disruptive ways including PTSD, addiction, eating disorders, chronic pain, sleep disturbances, anxiety, depression, phobias and hypersensitivities. BRT can help deal with these issues by restoring efficient biological communications and triggering the natural self-regulation process, which in turn, can improve cellular function, normalize systems and relax tissues.

During BRT sessions, BRT devices safely deliver extremely low intensity electromagnetic signals at the cellular level. These BRT signals are sent to targeted communication channels in the body, and as these signals pass through the tissues, they help the cells to clear out blockages and restore healthy communication paths.

Benefits of BRT and natural self-regulation

- Muscle tension is relieved, which reduces physical tightness and emotional anxiety. When the body is relaxed and the mind is calmed, resistance to therapy decreases and healing increases.

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in tune with nature™

- All of the body's different sub-systems become more synchronized and start functioning as a whole. This integration of the body's critical systems expedites natural healing and helps to process and dispose of highly charged emotional blocks and memories.
- Digestion and the availability of nutrients to the bloodstream are improved. As more nutrients get into the blood and oxygenation increases, cellular function and circulation improves, which also helps to reduce and dissipate tension throughout the body.
- Sleep is improved. With more restful sleep, comes relaxation, energy, clarity, calmness and better processing of stress.
- Meridian and Chakra channels are opened up – helping to discharge negative energy, relieve tension and improve receptiveness to healing and therapy.

By helping to restore biological communications and accelerate the natural regulation and healing processes, BRT can help to dissipate and resolve both the physical and psychophysiological symptoms of severe trauma.

Versatile, user-friendly BRT devices

LENYO BRT devices are available in a variety of size and feature options – from professional multi-user systems to pocket-size, mobile devices that can be used in the home, at the office or on the-go. Designed for optimum efficiency, LENYO BRT devices are ideal for professional practitioners, recovery centers, large health and wellness facilities, spas, sports centers, rehab and physical therapy facilities, offices, schools and the general public. With the most comprehensive range of BRT product choices in the industry, LENYO BRT devices are non-invasive, easy to operate and safe for adults, seniors and children.

Learn more about BRT and the complete line of LENYO BRT devices at www.lenyosys.com.

ABOUT LENYOSYS. A leader in bioregulation technology and devices, Lenyosys is a division of Nestatek Inc., headquartered in Fort Lauderdale, Fl. Lenyosys provides advanced bioregulation therapy (BRT) devices and solutions to professional practitioners in the medical, wellness, sports, enterprise, educational and veterinarian fields, as well as home-use products to the general public. A unique communication- and energy-focused approach to health and wellness, BRT combines advanced pulsed electromagnetic field signaling (PEMF) with the body's own biological communications to help restore natural regulation and healing activities. The LENYO line of BRT products includes office, home and mobile devices. For more information, visit www.lenyosys.com.

LENYO BRT devices have not been evaluated by The Food and Drug Administration (FDA). They are not meant to diagnose, treat, cure or prevent any disease. They do provide general benefits recognized for biofeedback and PEMF-based therapy devices. Individuals suffering from any disease or illness should consult with a physician or healthcare professional before using any BRT device.

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